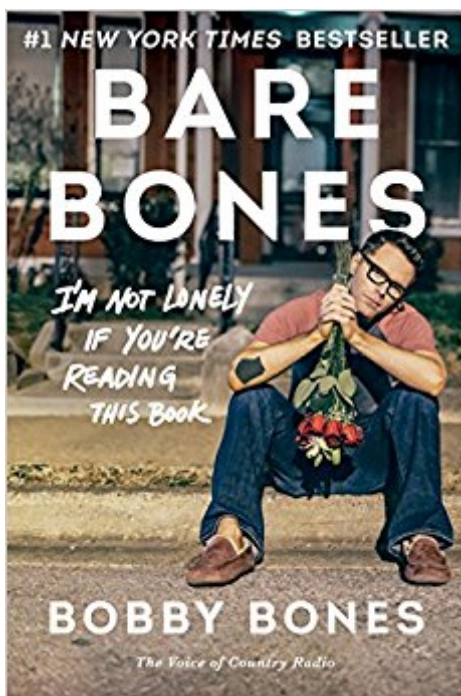


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# Bare Bones: I'm Not Lonely If You're Reading This Book



## Synopsis

#1 New York Times Bestseller A touching, funny, heart-wrenching, and triumphant memoir from one of the biggest names in radio, the host of The Bobby Bones Show, one of the most listened-to drive time morning radio shows in the nation. Growing up poor in Mountain Pine, Arkansas, with a young, addicted mom, Bobby Estell fell in love with country music. Abandoned by his father at the age of five, Bobby saw the radio as his way out—â€”a dream that came true in college when he went on air at the Henderson State University campus station broadcasting as Bobby Bones, while simultaneously starting The Bobby Bones Show at 105.9 KLAZ. Bobby's passions were pop, country music, and comedy, and he blended the three to become a tastemaker in the country music industry, heard by millions daily. Bobby broke the format of standard country radio, mixing country and pop with entertainment news and information, and has interviewed some of the biggest names in the business, including Luke Bryan, Taylor Swift, Blake Shelton, Tim McGraw, Lady Antebellum, and Jason Aldean. Yet despite the glamour, fame, and money, Bobby has never forgotten his roots, the mom and grandmother who raised him, the work ethic he embraced which saved him and encouraged him to explore the world, and the good values that shaped him. In this funny, poignant memoir told in Bobby's distinctive patter, he takes fans on a tour of his road to radio. Bobby doesn't shy away from the curves he continues to navigate—including his obsessive-compulsive disorder—on his journey to find the happiness of a healthy family. Funny and tender, raw and honest, Bare Bones is pure Bobby Bones—surprising, entertaining, inspiring, and authentic.

## Book Information

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## Customer Reviews

From Mountain Pine to Your Morning Drive Bobby Estell, now known to music lovers all over the country as Bobby Bones, spends his days on the microphone entertaining millions with The Bobby Bones Show. His nationally syndicated morning radio program is the most popular country music show in America, beloved for the witty talk among Bobby and his cohorts; the easy, everyman rapport he has with stars like Carrie Underwood, Garth Brooks, and Jason Aldean; and his ability to stay true to his roots and where he came from. Where Bobby came from is the fuel that drives him — that “Fight. Grind. Repeat.” mantra that makes him one of the busiest guys in the business. Raised by an alcoholic single mother who often resorted to shoplifting to put food on the table and by a grandmother who taught him to shop garage sales, play poker, and love music, Bobby spent his childhood in the hills and trailer parks of Mountain Pine, Arkansas; his is as simple a story as it gets. But Bobby wasn’t going to settle, and when he got his first radio as a birthday present, he focused his mind on getting on the air and beyond. From Arkansas to Austin and eventually to Nashville, Bobby Bones has created the show he always dreamed about, one where he gets to do the thing he loves while hanging out with his friends. Full of stories from his childhood, his brushes with the best and the beautiful of music — hint: not all of them like him (oh well) — the hijinks and moments of real danger that have been a part of his journey, and the self-deprecating humor that only Bobby Bones could bring, Bare Bones is a heartfelt, funny, and honest tale of someone who has truly lived the American dream. —

Bobby Bones hosts The Bobby Bones Show, a morning radio program that is in national syndication with Premiere Networks (owned by iHeartRadio). Nationally, it is the biggest country music morning show in America, with an estimated audience of nearly five million listeners. Bobby has appeared in films, and on television and records, and he tours with his band Bobby Bones and The Raging Idiots. He lives in Nashville, Tennessee.

Long time listener of the BBS preordered the book and started reading it as soon as it got here today ... If youve been a listener for a while then you have heard most of the stories but it was also cool to get a glimpse into Bobby’s head about what he was going through/feeling at certain times of his life .. I do wish it would of been a little longer and went into more of the relationship between him and the rest of the members of the show .. All in all though I did enjoy the book and even though I

didn't buy the audiobook for some reason I could hear Bobby's voice in my head as I read it

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Good book, most if not all the stories I had heard before but Bobby goes into more detail than on air.

Overall on the book grading scale ....overall I give Bare Bones 4 out of 5 stars. Minus one star

because I still want to know what happen to Carlos ?

Very raw look into the real Bobby Bones. Heartbreaking at times. It made me want to just give him a

huge hug. I've always loved listening to The Bobby Bones Show each morning during my commute

to work but I have a new level of respect for Bobby after reading his book. FIGHT. GRIND.

REPEAT.

When Bobby Bones replaced the morning show I had listened to while driving to work for the past

couple of years, I was NOT happy. But I had to listen to SOMETHING on my drive to work, and I'm

a creature of habit (or stubborn), so I refused to change the station. It took me about a week to get

over my upset and absolutely fall in love with the Bobby Bones show. Yeah, a whole week. Amy is

sweet, Lunchbox is obnoxious, and Bobby is a true breath of fresh air. When he said he was writing

a book, I couldn't wait to read it. It took me about 3 sessions to read through it. I don't know what the

negative reviewers are complaining about. Okay, so Bobby writes like he talks, not like someone

writing an essay for an English grammar class. So what! I like how he talks, and the fact that he

wrote that way kept my interest. And to the reviewer who has lost respect for him.... I don't

understand why... Here is an imperfect guy writing about his imperfect life. I completely get it. I

respect him for it. He has trust issues. I get that, too. The guy is real. He had a not-great childhood

(overall). He was dirt poor. But he figured it out and he moved on. Okay, the "stuff" still lives in his

head - hey, I have stuff from my past that won't go away, too, and if someone tells me they DON'T

have "stuff" from their past, I will say that person is lying - to me AND to him/herself. But Bobby has

and is making lemonade out of the lemons - for other people. He helps people -- because of where

he came from. He calls that selfish. I call it remarkable. (Oh, and he likes dogs. That makes him

a-OK in my book.) I hope Bobby finds his "happy ever after", but even if he never finds Ms. Right, I

think he's doing just fine. I loved the book. I'll read it again at some point. I HIGHLY recommend this

book.

I've listened to the Bobby Bones show everyday for the past two years...the very first time I heard

the show was right after I moved from my little hometown in SC to FL for my daughter to attend a special school for kids with autism. Our whole life had been uprooted so she could have a chance at a future and we were all pretty homesick with no friends or family nearby. As I found the radio station by chance and heard Bobby talking to a woman who called in and was crying because her dog was sick and she couldn't afford the surgery needed, he offered to pay the vet bill for her so she wouldn't lose her dog, I was hooked. We've listened ever since that day, every day and have been to a Raging Idiots concert, bought the Pimpin Joy shirts and felt like we've become part of the family as we've celebrated Lunchbox's wedding and mourned the sickness and then loss of Amy's mom and everything in between. I identify with a lot of Bobby's story about his childhood and issues that he deals with surrounding it and wish him and the entire crew nothing but the best as they continue, hopefully for a very long time, to come to us each day, making us laugh, cry and feel like part of the family.

This is seriously one of the saddest, most entertaining books I have ever read. I love the very personal touch of this book and even if you don't know who Bobby Bones is, you absolutely love him (as I do) or you don't like him (I can't imagine if you have ever listened to him), you can't help but feel his struggles as well as his success throughout this book. If you have never had the addiction struggles in your family as he had in his, it gives you an inside look at how addiction affects every single person you are around; it is not just the addicts problem. I feel like this book gave me a better understanding of how a child of addiction feels and since I work with kids who have similar situations, this was a great eye opener for me, but there is so, so, so much more in this book than just that. Thank you Bobby Bones for being so open throughout this book; you have no idea how much you have touched and inspired peoples lives just being you.

Inspirational story for people to read & realize anyone can overcome great obstacles in their life. From page one I didn't want to put the book down. I knew Bobby's Mom when she went to school in Amity, Ar. She was a beautiful young woman, who unfortunately couldn't get away from the drugs & alcohol addiction. Loved all of the stories in the book, from growing up in a small Arkansas town, to how he got started in radio to meeting all the celebrities. He is a positive, creative and multi-talented guy - a Renaissance man! I highly recommend this book!

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